

Seed Production and Processing Workshop

Sonnewald Natural Foods and Harmony Essentials

Spring Grove, PA

August 27, 2003

General Information about Sonnewald Natural Foods and Harmony Essentials:

Steve and Carol Moore work 1.5 of 70 acres using bio-intensive farming practices. The farm houses 2 solar-heated greenhouses and a natural food store. Steve and Carol often offer seminars and other programs at their farm to teach interns and community members about bio-intensive organic farming. Many of the organic crops grown on the farm are used to supply Sonnewald Natural Foods healthy vegetables.



Above: Workshop participants look on as Michael Glos and Bill Garman demonstrate the belt thresher.

PSI Workshop Overview:

This workshop, which was co-sponsored by PASA (Pennsylvania Association for Sustainable Agriculture) and Steve and Carol Moore, ran from 8:00 am until 12:00 pm. Both wet and dry seed processing were discussed. Over 15 local farmers participated in this half day event. Much seed was cleaned including *Brassicas*, tomatoes, and onion seed. The unit was available for 2 weeks to local farmers and seed savers to clean their seed.

Workshop Attendants:

1. Dennis Mawninney
2. Pete Byrne
3. Ben Fischler
4. Becky French
5. Steve DeBroux
6. Angela Brubaker
7. Suzanne Pryor
8. Elaine Branigan
9. Sara Hendershot
10. Steve Moore
11. Carol Moore
12. Sarah Moore
13. Jim Steinhauer
14. Michael Glos
15. Bill Garman
16. Teri Ferrin



Above: Local farmers who participated in the PSI Seed Production Workshop in Spring Grove, PA.

